

BCAA is the abbreviation of "Branch Chain Amino Acids", 3 essential amino acids that aren't produced by your organism, which are: L-Valine, L-Leucine and L-Isoleucine. BCAA's represent 35% of the solid part of the human muscle and can only be obtained through food or supplementation. L-Glutamine is the most abundant free amino acid in muscle tissue, thus the extreme importance of consuming **G-BCAA Evolution** daily. **G-BCCA Evolution** presents a 1:1:1:1 ratio of L-Glutamine, L-Valine, L-Leucine e L-Isoleucine.

**Information nutritionnelle moyenne:**

4 capsules / Portions: 62

**Average nutritional information:**

4 capsules / Servings : 62

**Información nutricional media:**

4 cápsulas / Porciones: 62

**Informação nutricional média:**

4 cápsulas / Doses: 62

**Par/for/ Por**

**4 capsules**

L-Glutamine

650 mg

L-Leucine

650 mg

L-Isoleucine

650 mg

L-Valine

650 mg