

**Information nutritionnelle:** 1 dose 25g (1 mesure) **Portions:** 20

**Nutritional information:** 1 serving 25g (1 scoop) **Servings :** 20

**Información nutricional:** 1 dosis de 25g (1 dosificador) **Porciones:** 20

**Informação nutricional:** 1 dose 25g (1 doseador) **Doses:** 20

Par/for/ Por	25 g	100 g	AJR/RDA/ CDR/ DDR
Magnesium	10.38 mg	100 mg	19 % / 76
Sodium	172.5 mg	690 mg	-
Phosphorus	36.25 mg	145 mg	4.8% / 19.3%
Potassium	37.5 mg	150 mg	1.8% / 7.3%
Vitamin C	100 mg	400 mg	30% / 120%
Cloro	30 mg	120 mg	3.75% / 15%
Zinc	0.25 mg	1 mg	2.5% / 10%
Manganese	0.28 mg	1.12 mg	3.5% / 14%
Selenium	2.5 µg	10 µg	5% / 18%
Green Tea	37.5 mg	150 mg	-
Resveratrol	100 mg	400 mg	-
BCAA 2:1:1	3.2 g	12.8 g	

Food supplement based on carbohydrates, vitamins and minerals with sugar and sweeteners.