

NUTRITIONAL FACTS / Tabela Nutricional

Per / Por	100g	55g
Energy value / Energia	303/1261 kcal / kJ	166/693 kcal / kJ
Fat / Gordura	8.7 g	4.8 g
of which saturates / saturada	2.9 g	1.6 g
Carbohydrates / Hidratos de carbono	5.1 g	2.8 g
of which sugars / dos quais açúcares	2.5 g	1.4 g
Fibre / Fibra Alimentar	28.5 g	15.7 g
Protein / Proteína	37.7 g	20.7 g
Salt / Sal	0.07 g	0.04 g