

NUTRITIONAL FACTS / Tabela Nutricional

Per / Por	100g	55g
Energy value / Energia	324/1351 kcal / kJ	178/743 kcal/kJ
Fat / Gordura	11.4 g	6.3 g
of which saturates / saturada	3.4 g	1.9 g
Carbohydrates / Hidratos de carbono	5.4 g	3.0 g
of which sugars / dos quais açúcares	2.8 g	1.6 g
Fibre / Fibra Alimentar	26.8 g	14.7 g
Protein / Proteína	37.5 g	20.6 g
Salt / Sal	0.05 g	0.03 g